

# ~MHDC 2022-23 Dance Class Schedule~

~Starts September 6, 2022~

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Saturday</b>
<p><b>Room 1</b></p> <p>4:45-5:15 Into to Acro *Based on skill-see instructor</p> <p>5:15-6:00 Beginner Acro *Based on skill-see instructor</p> <p>6:00-6:45 Intermediate Acro *Based on skill-see instructor</p> <p>6:45-7:30 Advanced Acro *Based on skill-see instructor</p> <p>7:30-8:15 (8-up) Stretching &amp; Conditioning</p>	<p><b>Room 1</b></p> <p>4:45-5:45 Ballet 2 *Based on skill-see instructor</p> <p>5:45-6:45 (9-12yr) Jr Tap &amp; Jazz Combo *intermediate level</p> <p>6:45-7:45 (9-12yr) Jr Technique/Leaps &amp; Turns/ Legs &amp; Feet</p> <p>7:45-8:30 (13yr &amp; up) Teen Technique/Leaps &amp; Turns/ Legs &amp; Feet</p>	<p><b>Room 1</b></p> <p>4:45-5:30 (9-12yr) Intermediate Lyrical/Contemporary</p> <p>5:30-6:30 (7-9yr) Combo 2</p> <p>6:30-7:00 (5-7yr) Poms</p> <p>7 :00-7 :30 (8-12yr) Jr Poms</p>	<p><b>Room 1</b></p> <p>4:45-5:30 (13 &amp; up) Teen Jazz *Intrm/Advanced level</p> <p>5:45-6:15 (13 &amp; up) Teen Tap *Intrm/Advanced level</p> <p>6:15-7:00 Adult Tap</p> <p>7:00-7:45 Adult Jazz</p> <p>7:45-8:30 Adult Hip Hop</p>	<p>9:00am-10:00am Petites &amp; Juniors Comp Improv/Combo</p> <p>10:00am-10:45am Petites Comp</p> <p>10:45am-11:30am Juniors Comp</p>
<p><b>Room 2</b></p> <p>4:45-5:15- (3-5yr) Littles Hip Hop</p> <p>5:15-6:00 Ballet 1 *Based on Skill – see Instructor</p> <p>6:00-7:00 (7-9yr) Combo 2</p> <p>7:00-7:45 (7-9yr) Petite Tech/ Leaps&amp; Turns Legs &amp; Feet</p>	<p><b>Room 2</b></p> <p>4:45-5:15 (9-12yr) Jr Hip Hop *intermediate level</p> <p>5:15-6:15 (5-6yr) Princess 4</p> <p>6:15-6:45 (5-8yr) Beginner Contemporary</p> <p>6:45-7:45 Ballet 3 *Based on skill-see instructor</p>	<p><b>Room 2</b></p> <p>5:00-5:30 (2-3yr) Princess 1</p> <p>5:30-6:30 (5-6yr) Princess 4</p> <p>6:30-7:00 (5-7yr) Hip Hop</p> <p>7:00-8:00 Adult Yoga</p>	<p><b>Room 2</b></p> <p>5:15-6:00 Mini Petite Comp</p> <p>6:00-6:45 (13 &amp; up) Teen Lyrical/ Contemporary *Intermediate/Advance level</p> <p>6:45-7:45 (13 &amp; up) Teen Hip Hop *Intermediate/Advance level</p>	<p>9:00am-10 :00am Teen &amp; Sr Comp Improv/Combo</p> <p>10:00am-11:30am Teen/Senior Comp</p>
<p><b>Room 3</b></p> <p>5:00-5:30 (2-3yr) Princess 1</p> <p>5:30-6:15 (3-4yr) Princess 2</p> <p>6:15-7:15 (4-5yr) Princess 3</p> <p>7:15-7:45 (6-8yr) Hip Hop</p>	<p><b>Room 3</b></p> <p>5:00-5:45 (3-4yr) Princess 2</p> <p>5:45-6:45 (4-5yr) Princess 3</p> <p>6:45-7:45 (5-7yr) Combo 1</p>	<p><b>Room 3</b></p> <p>4:45-5:30 (5 &amp; up) Ballet Basics *Based on skill-see instructor</p> <p>5:30-6:30 (4-5yr) Princess 3</p> <p>6:30-7:30 (8-10yr) Beg/Int Jr Tap &amp; Jazz</p>	<p><b>Room 3</b></p> <p>4:45-5:15 (2-3yr) Princess 1</p> <p>5:15-6:00 (3-4yr) Princess 2</p> <p>6:00-7:00 (5-7yr) Combo 1</p> <p>7:00-7:45 (5-7yr) Mini Technique/Legs &amp; Feet</p>	<p>Will have Comp Hip Hop Practices on Saturdays! (8 &amp; up!) &amp;</p> <p>Small Group Practices on Saturdays!</p>